

ESH&Q Frequently Asked Questions: Medical Office

FAQ	Response	Contacts
Will the services be the same now that it's only Occupational Medicine?	Yes. Concentra will continue to offer the same occupational health-related services that are currently offered.	Kelly Dombrowski
Will there be a doctor and a nurse be there?	Staff will include a full-time nurse practitioner, a full-time registered nurse, a part-time medical director/occupational health physician and a full-time medical assistant.	Kelly Dombrowski
What are the office hours?	The office will be open and fully staffed Monday through Friday from 7 a.m. until 3:30 p.m.	Kelly Dombrowski
Who is Concentra?	With over 500 locations in 43 states, and more than 11,000 employees, Concentra is the largest provider of occupational medicine in the United States. Concentra has the expertise and experience to provide effective, dependable healthcare services including injury care and return-to-work management, medical surveillance administration and exams for OSHA compliance and wellness programs.	
Why should I trust an outside contractor?	Concentra has the expertise and experience to provide effective, dependable worksite services including injury care and return to work management, medical surveillance administration and exams for OSHA 29 CFR 1910 compliance, and wellness programs.	Kelly Dombrowski
What about the privacy of my medical records?	Fermi Research Alliance, LLC is not a covered entity as defined by the Health Insurance Portability and Accountability Act (HIPAA). Employee medical records are considered Laboratory records and are maintained in protected, segregated files in accordance with Laboratory policies on business records retention and federal and state laws governing records retention for federal contractors.	Kelly Dombrowski
What if I want a copy of my record?	Make the request to the Medical Office and complete the appropriate release form.	Kelly Dombrowski

What services specifically will be provided in the Medical Office?

Concentra will administer the day-to-day operations in accordance with FESHM 5310 Occupational Medicine, and the Fermilab Personnel

[Kelly Dombrowski](#)

Policies, under the direction of the Director of ESH&Q. Their duties will include:

- Conduct Pre-employment, Fire Fighter, Fitness for Duty, Worker Qualification/Re-qualification, Return to Work, and Termination Physicals.
- Administer the Random Drug Screening Program following the Fermilab Drug Policy for selected work groups.
- Provide emergency medical care for employees, subcontractors and visitors, as required.
- Treat uncomplicated occupational injuries or illness, and refer more complicated cases to outside medical facilities. Should non-occupational conditions be encountered in the course of the conduct of examinations, notify employees of these observations and advise them to contact their personal physician for treatment.
- Conduct on-site phlebotomy and other clinical testing for required personnel.
- Within the ESH&Q Section, work in concert with Fermilab Workforce Development and Resource Section (WDRS), to administer the Worker Compensation Case Management Program, the Family Medical Leave Program and the Fermilab Modified Duty Program.
- Administer the medical surveillance portion of the Laser Safety Program, including the conduct of the Laser Eye Examinations.
- Administer the Blood Born Pathogen and Infectious Disease Control Program.
- Work in concert with the Fermilab Industrial Hygienists in the

	<p>administration of the Hearing Conservation Program.</p> <ul style="list-style-type: none"> • Work in concert with the Fermilab Industrial Hygienists and the field ES&H organizations to administer the surveillance programs as listed below: <ul style="list-style-type: none"> ○ Asbestos worker (29 CFR 1910.1001) ○ Beryllium worker (10 CFR 850) ○ Beryllium-voluntary screening ○ Hearing conservation (ACGH (2005) & 29 CFR 1910.95) ○ Laser vision evaluation (10 CFR 851 ANSI Z136.1-2000) ○ Lead worker (29 CFR 1910.1025) 	
<p>If I hurt myself at work, what do I do?</p>	<p>If you hurt yourself while at work, it is most likely an occupational injury, so you should go to the Medical Office. Make sure your supervisor is aware of your situation.</p> <p>If you are unsure if you hurt yourself at work or not, go to the Medical Office for an evaluation that will help determine if it is work-related. If it may be work-related, they will treat you. If they determine it is most likely not work-related, they will tell you to go back to work if you feel you are able to safely and effectively perform your job, or to see a physician if you do not feel you can safely/effectively perform your job. You should make sure your supervisor is aware of your situation.</p>	<p style="text-align: center;">Kelly Dombrowski</p>
<p>If I start feeling unwell at work, can I go to the Medical Office to discuss my symptoms or have my temperature taken?</p>	<p>If you are unsure if your illness or injury is work-related, go to the Medical Office for an evaluation to determine if it is work-related. If it may be work-related, you will be treated. If it is not work-related, you can return to work if you feel you are able to safely and effectively perform your job; or you can see a physician if you do not feel you can safely/effectively perform your job. You should make sure your supervisor is aware of your situation.</p>	<p style="text-align: center;">Kelly Dombrowski</p>
<p>If I get injured while exercising on-site at lunch (e.g., twisted</p>	<p>No. You should see a physician if you do not feel well enough to perform your job safely</p>	<p style="text-align: center;">Kelly Dombrowski</p>

ankle, scrapes from falling off bike), can I go to the Medical Office for first-aid treatment?	and/or effectively, and notify your supervisor of your situation.	
If I have a headache, can I get an over-the-counter pain reliever at the Medical Office? Can I get a bandage?	You will not be able to obtain over-the-counter pain relievers or bandages in the Medical Office.	Kelly Dombrowski
Will medical still address health issues to travel?	Yes, if the travel is business-related.	Kelly Dombrowski
I live in Village Housing, can I contact the Medical Office if I am feeling ill?	<p>If you are unsure if your illness or injury is work-related, go to the Medical Office for an evaluation to determine if it is work-related. If it may be work related, you will be treated. If it is not work-related, you can return to work if you feel you are able to safely and effectively perform your job. Or, you can see a physician if you do not feel you can safely/effectively perform your job. You should make sure your supervisor is aware of your situation.</p> <p>If your injury/illness is not work-related, you should see a physician if it merits that, not the Fermilab Medical Office.</p>	Kelly Dombrowski
How is a Work Activity Analysis Form (WAAF) handled?	The Medical Office will continue to complete WAAF's, and a physical will be required only if it is needed due to the job function.	Kelly Dombrowski
Can I schedule my annual wellness physical in the Fermilab Medical Office?	No, all of Fermilab's healthcare plans have covered preventative care, which includes an annual physical with no copayment when provided by a network primary care physician.	Kelly Dombrowski